




JUVENILE JUSTICE CENTER

Policy and Procedure Manual

Title: MDE SCHOOL LUNCH PROGRAM WELLNESS POLICY		Item: 73
Sections: 7 Food Service Management		Licensing Rule:
Effective Date: 5/20/2021	Next Review: Dec 2025	
Revised Date: 6/14/2023	Number of pages: 3	
Director: Chad Sharpe		Director Signature: 

The Genesee County Juvenile Justice Center (GCJJC) promotes healthy meals by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment.

Component 1 – Nutrition

Goal -Nutrition plays an important role in the overall physical and mental development of youth, and poor nutrition adversely affects academic achievement and overall health. The GCJJC will be committed to providing nutritious meals through contract with Variety Food Services. We will follow all Michigan Department of Education School Lunch Program guidelines and USDA rules regulating the School Lunch Program for the youth served.

Component 2 – Nutrition Education

Goal – Nutrition Education will involve sharing information with staff and youth to positively impact the youth served. Nutrition education will be provided as a component of the Health and Physical Education curriculum and as a life skills component in the facility. Topics included but not limited to sources and varieties of foods, diet and disease, healthy diet, food labels, understanding calories.

Component 3 – Physical Activities

The GCJJC supports the initiative to promote good health, lifelong wellness, and physical activity in the academics of each youth. In addition, youth will participate in regularly scheduled physical education activities along with the educational component. A 90-minute Physical Education class is offered 5 days a week. The GCJJC recreation program also provides an additional 90 minutes of large muscle activities 7 days a week.



Component 4 – Other School Based Activities

The GCJJC supports the initiative to promote good health, lifelong wellness, and physical activities in the activities of each resident. In coordination with Mt. Morris Consolidated Schools and Variety Food Services, we will use teaching materials and activities in participation with the Michigan Department of Education School Lunch Program.

To accomplish these goals:

- Comply with federal state and local requirements for daily meals offered.
- Annual audit of menus of a licensed dietician through Variety Food Services.
- Annual audit and inspection by the Michigan Department of Human Services, Child and Adult Licensing.
- All foods and beverages available during the school day will be consistent with the Dietary Guidelines for Americans.
 - 1% milk and skim milk is provided daily
 - Work with Variety Food Services to include food items lower in fat and sodium, and higher in fiber.
 - Encourage collaboration with Variety Food Services and, Mt. Morris Consolidated Schools, to promote better nutrition and healthy life style
- All foods provided by Variety Food Services will adhere to food safety and security guidelines.
- Bi-annual food service inspections conducted by the Genesee County Health Department.
- Variety Food Services Supervisor is ServeSafe trained and certified.

Nutrition education will be provided and promoted within the school wellness program. The GCJJC will promote and monitor annually education initiative in collaboration with the Mt. Morris Consolidated Schools and Variety Food Services.

- Physical activity will be available as a component of the school curriculum as required.
- Physical activities will be promoted and provided outside the curriculum and school day.



Development and implementation of this Local School Wellness Policy will include the following stakeholders: students comments on food surveys, grievances, and classroom studies, a representative from Variety Food Services, Health and Physical Education teacher, center nurse, a GCJJC administrator, and parent feedback gathered quarterly at visitation.

This Local Wellness Policy will be made available to the public by posting and, through the initial parent letter, an invitation to review the document at any time.

The GCJJC Director will be the designated official to ensure compliance with the Local Wellness Policy.

This Local Wellness Policy will be assessed quarterly with compliance and progress made towards the policy goals posted in the facility visiting are.